Resources for Student Behavior at Home

The importance of praise for your child.
https://www.understood.org/en/friends-feelings/empowering-your-child/celebrating-successes/how-to-give-praise-that-builds-your-childs-self-esteem?_ul=1*1kzoctd*domain_userid*YW1wLUZ4eW1VM3lwS29sdncyOHE1U0F3Vnc.

Ideas for positive behavior support.
https://www.kickboardforschools.com/blog/post/9-examples-of-positive-behavior-support-interventions

Teaching self-regulation of emotions and behavior through modeling.
https://www.youtube.com/watch?v=UD9m5n-ZpB0

Respectful redirection
https://www.understood.org/en/school-learning/for-educators/teaching-strategies/behavior-strategy-respectful-redirection?_ul=1*e4xlh8*domain_userid*YW1wLUJFR0cwdWktekXbDNhUExzTW1sQkE.

This link has a variety of resources that are listed by the behavioral category. You can choose a behavior category or you can choose from Tier 1 to Tier 3 tabs that are at the top of the page. Tier 3 is more intensive supports.
https://www.pbisworld.com/

Videos of managing challenging behaviors with middle school and high school students

Pre-correcting and prompting
https://www.understood.org/en/school-learning/for-educators/teaching-strategies/evidence-based-behavior-strategy-pre-correcting-and-prompting?_ul=1*1a7pfn7*domain_userid*YW1wLUJFR0cwdWktekXbDNhUExzTW1sQkE.

Creating a Behavior Contract with your child - This is best done in conjunction with some type of reinforcement plan. (Scroll down for the links)
Self soothing techniques
https://www.understood.org/en/friends-feelings/managing-feelings/fear/8-self-soothing-techniques-for-your-young-child?_ul=1*36bdkz*domain_userid*YW1wLUZ4eW1VM3lwS29sdncyOHE1U0F3Vnc.

Rewards and Reinforcement Ideas (Scroll down for the links)

Managing tantrums and meltdowns
https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/sensory-processing-issues/taming-tantrums-vs-managing-meltdowns?_ul=1*aygcck*domain_userid*YW1wLUJFR0cwdWdkektXbDNhUExzTW1sQkE.

When-Then statements
https://www.understood.org/en/school-learning/for-educators/teaching-strategies/behavior-strategy-when-then?_ul=1*1qjmepl*domain_userid*YW1wLUJFR0cwdWdkektXbDNhUExzTW1sQkE.