

## **Resources for Student Behavior at Home**

The importance of praise for your child.

[https://www.understood.org/en/friends-feelings/empowering-your-child/celebrating-successes/how-to-give-praise-that-builds-your-childs-self-esteem?\\_ul=1\\*1kzoctd\\*domain\\_userid\\*YW1wLUZ4eW1VM3lwS29sdncyOHE1U0F3Vnc](https://www.understood.org/en/friends-feelings/empowering-your-child/celebrating-successes/how-to-give-praise-that-builds-your-childs-self-esteem?_ul=1*1kzoctd*domain_userid*YW1wLUZ4eW1VM3lwS29sdncyOHE1U0F3Vnc).

Ideas for positive behavior support.

<https://www.kickboardforschools.com/blog/post/9-examples-of-positive-behavior-support-interventions>

Teaching self-regulation of emotions and behavior through modeling.

<https://www.youtube.com/watch?v=UD9m5n-ZpB0>

Respectful redirection

[https://www.understood.org/en/school-learning/for-educators/teaching-strategies/behavior-strategy-respectful-redirection?\\_ul=1\\*e4xlh8\\*domain\\_userid\\*YW1wLUJFR0cWdWdkEktXbDNhUExzTW1sQkE](https://www.understood.org/en/school-learning/for-educators/teaching-strategies/behavior-strategy-respectful-redirection?_ul=1*e4xlh8*domain_userid*YW1wLUJFR0cWdWdkEktXbDNhUExzTW1sQkE).

This link has a variety of resources that are listed by the behavioral category. You can choose a behavior category or you can choose from Tier 1 to Tier 3 tabs that are at the top of the page. Tier 3 is more intensive supports.

<https://www.pbisworld.com/>

Videos of managing challenging behaviors with middle school and high school students

<https://www.pbslearningmedia.org/collection/managing-challenging-student-behaviors/>

Pre-correcting and prompting

[https://www.understood.org/en/school-learning/for-educators/teaching-strategies/evidence-based-behavior-strategy-pre-correcting-and-prompting?\\_ul=1\\*1a7pfn7\\*domain\\_userid\\*YW1wLUJFR0cWdWdkEktXbDNhUExzTW1sQkE](https://www.understood.org/en/school-learning/for-educators/teaching-strategies/evidence-based-behavior-strategy-pre-correcting-and-prompting?_ul=1*1a7pfn7*domain_userid*YW1wLUJFR0cWdWdkEktXbDNhUExzTW1sQkE).

Creating a Behavior Contract with your child - This is best done in conjunction with some type of reinforcement plan. (Scroll down for the links)

<https://www.pbisworld.com/tier-3/behavior-contract/>

Self soothing techniques

[https://www.understood.org/en/friends-feelings/managing-feelings/fear/8-self-soothing-techniques-for-your-young-child?\\_ul=1\\*36bdkz\\*domain\\_userid\\*YW1wLUZ4eW1VM3lwS29sdncyOHE1U0F3Vnc.](https://www.understood.org/en/friends-feelings/managing-feelings/fear/8-self-soothing-techniques-for-your-young-child?_ul=1*36bdkz*domain_userid*YW1wLUZ4eW1VM3lwS29sdncyOHE1U0F3Vnc.)

Rewards and Reinforcement Ideas (Scroll down for the links)

<https://www.pbisworld.com/tier-3/reward-system/>

Managing tantrums and meltdowns

[https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/sensory-processing-issues/taming-tantrums-vs-managing-meltdowns?\\_ul=1\\*aygcck\\*domain\\_userid\\*YW1wLUJFR0cwdWdkektXbDNhUExzTW1sQkE.](https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/sensory-processing-issues/taming-tantrums-vs-managing-meltdowns?_ul=1*aygcck*domain_userid*YW1wLUJFR0cwdWdkektXbDNhUExzTW1sQkE.)

When-Then statements

[https://www.understood.org/en/school-learning/for-educators/teaching-strategies/behavior-strategy-when-then?\\_ul=1\\*1qjme2\\*domain\\_userid\\*YW1wLUJFR0cwdWdkektXbDNhUExzTW1sQkE.](https://www.understood.org/en/school-learning/for-educators/teaching-strategies/behavior-strategy-when-then?_ul=1*1qjme2*domain_userid*YW1wLUJFR0cwdWdkektXbDNhUExzTW1sQkE.)