Dear W. R. Brown Families,

Welcome back and Happy New Year! We hope that you enjoyed a healthy and happy holiday season. We are so excited for the New Year and welcome 2022!

During the month of January school will be closed on Monday, January 17th in observance of Dr. Martin Luther King and again on Friday, January 21st for a teacher in-service day.

The second marking period ends on Thursday, January 20th and report cards will be issued on Wednesday, February 2nd. Our next round of parent-teacher conferences will be held on Friday, February 4th. This day will also be a half day with dismissal starting at 12:35. If you would like to schedule a conference with your child’s teacher please contact them to set up a time on this date.
Habit 1: Be Proactive

When we are proactive, we are responsible for our own life and the choices we make. We understand that we have the freedom to choose based on principles rather than on moods or conditions.

1. Be Proactive®
   You’re in charge.

   - Pause and respond based on principles and desired results.
   - “I choose…”
   - Focus on your Circle of Influence.
   - Become a Transition Person.

Habit 2: Begin With the End in Mind

To Being With the End in Mind means to start ever endeavor with clearly defined outcomes. This relies on our ability to envision, see potential, and create with our mind what we cannot presently see with our eyes.

2. Begin With the End in Mind®
   Have a plan.

   - Define outcomes before you act.
   - Create and live by a personal mission statement.

Leadership in Literature

Stellaluna by Janeell Cannon is a great example of habit 1. Separated from her mother and taken in by a family of birds, Stellaluna is proactive and focuses on what is within her Circle of Control.

Find your voice and inspire others to find theirs.
~Stephen Covey
Keys to Student Success!

- Healthy sleep habits
  - According to the Centers for Disease Control and Prevention the daily guidelines for healthy sleep for school age children (6-13 years old) is 9 to 12 hours each night.
- Rich vocabulary development
  - Reading and talking with children plays an important role in developing their vocabulary.
  - Ask your child what they’ve been learning, what they did at recess, and check in on their assignments. Your interest in school will increase theirs!
- Stick to routines
  - Children thrive with routines and structures.
  - Having meals and daily activities set around the same time each day fosters security and reduces anxiety.
  - A nightly bedtime routine such as bath, brushing teeth, and reading a book together helps children to fall asleep earlier, sleep longer, and wake up less during the night.
TRUSTED ANSWERS TO YOUR COVID-19 VACCINE QUESTIONS

Is the COVID-19 vaccine safe for children?
The Pfizer-BioNTech vaccine is authorized by the FDA for children 5 and older, and it helps protect them from getting COVID-19.

Are there long-term side effects from the COVID-19 vaccine?
No. There are no long-term side effects from the vaccine; however, there are numerous long-term side effects from COVID-19.

Does the COVID-19 vaccine affect fertility?
No. There is no evidence that any vaccine, including COVID-19 vaccines, causes infertility.

Should I be worried about myocarditis?
Myocarditis is an extremely rare side effect. Most cases are mild, and individuals often recover on their own or with minimal treatment. Your child is more likely to get it from COVID-19, not the vaccine.

Can my child get the COVID-19 vaccine at the same time as other vaccines?
Yes. Your child can get the COVID-19 vaccine with other vaccines, during the same visit.

Will the vaccine alter DNA?
No. COVID-19 vaccines do not interact with your DNA, so they cannot alter it.

If my child already had COVID-19 and now has natural immunity, do they still need to get the vaccine?
Yes. Those who have had a COVID-19 infection should still get vaccinated. They need longer-lasting protection against the virus and any variants.

Aren’t kids immune to COVID-19?
No. When the delta variant exploded, it spread so easily that Delaware saw a rise in cases and hospitalizations among children. Getting vaccinated is the best protection. And vaccinated children don’t have to quarantine and miss school if exposed to someone with COVID-19.

Find out where to get your FREE COVID-19 vaccine.

VISIT de.gov/youthvaccine

CALL 1-833-643-1715

EMAIL vaccine@delaware.gov