RIDER Five in the Bathroom

Show your RIDER Five:

- **Respect**: Flush the toilet and dispose of trash properly.
- **Integrity**: Use the bathroom only when needed.
- **Discipline**: Follow the “no more than 4” rule and finish your business quickly.
- **Effort**: Return to class in a timely manner.
- **Responsibility**: Report spills, incidents, or concerns.

* Remember, the bathroom is not a place to meet and socialize or mistreat others!
RIDER Five in the Classroom

Show your **RIDER Five:**

- **Respect** — Treat others the way you want to be treated.
- **Integrity** — Be honest and a positive influence to adults and peers.
- **Discipline** — Follow classroom directions and expectations and remain in appropriate areas.
- **Effort** — Always try your best.
- **Responsibility** — Come to class on time with completed assignments and prepared to learn.
Show your **RIDER Five:**

- **Respect** — Move about the halls quietly and calmly with an awareness for others’ personal space.
- **Integrity** — Turn in lost items, maintain positive attitudes, and have appropriate conversations.
- **Discipline** — Mind others’ personal space by keeping your body to yourself.
- **Effort** — Move safely while on the right side of the hall and focus on where you need to be.
- **Responsibility** — Keep the halls clean and tidy.
RIDER Five in the Cafeteria

Show your RIDER Five:

- **Respect**
  - Use good manners at the table, as well as in the lines, and thank the cafeteria staff.
- **Integrity**
  - Wait your turn patiently at the table and in line, eat your own food, welcome others, and be a positive influence to others.
- **Discipline**
  - Walk, stay seated, keep voices at an appropriate volume, raise your hand if you need to get up.
- **Effort**
  - Keep your area clean and tidy.
- **Responsibility**
  - Choose tablemates wisely.
RIDER Five in the Locker Room/Gym

Show your RIDER Five:

**Respect**
- Leave others’ belongings alone.

**Integrity**
- Show good sportsmanship, a supportive attitude, and be a positive influence to others.

**Discipline**
- Follow rules and stay within designated areas, refrain from horseplay, and use appropriate language.

**Effort**
- Change into athletic clothing and participate in all activities with a positive attitude.

**Responsibility**
- Get changed and leave the locker in a timely manner while keeping items in the lockers.
RIDER Five at Athletic/Extracurricular Events

Show your RIDER Five:

Respect — Cheer for athletes and participants.

Integrity — Show good sportsmanship and be a positive influence to others.

Discipline — Follow the rules as a player and a spectator.

Effort — Give your all and always try your best.

Responsibility — Support your friends and take an active part in practices, games, and events.
RIDER Five on the Bus

Show your RIDER Five:

- **Respect**: Maintain a quiet voice and use appropriate language, keep body parts and other objects to yourself and in the bus, and treat peers with kindness.
- **Integrity**: Greet and give thanks to the bus driver and be a positive influence to others.
- **Discipline**: Stay seated at all times.
- **Effort**: Get to the bus on time and find your seat quickly.
- **Responsibility**: Throw away trash.
RIDER Five in the Community and Online

Show your RIDER Five:

**Respect** — Speak only kind words and know that you are role models for others.

**Integrity** — Do the right thing, even when no one is watching, and be a positive influence to others.

**Discipline** — Access appropriate sites and make good choices when you are in our community.

**Effort** — Include others and help improve your community.

**Responsibility** — Be a positive ambassador for Postlethwait Middle School.