

RIDER Five in the Bathroom



Show your **RIDER Five**:

Respect

— Flush the toilet and dispose of trash properly.

Integrity

— Use the bathroom only when needed.

Discipline

— Follow the “no more than 4” rule and finish your business quickly.

Effort

— Return to class in a timely manner.

Responsibility

— Report spills, incidents, or concerns.

* Remember, the bathroom is not a place to meet and socialize or mistreat others!

RIDER Five in the Classroom



Show your **RIDER Five**:

Respect

— Treat others the way you want to be treated.

Integrity

— Be honest and a positive influence to adults and peers.

Discipline

— Follow classroom directions and expectations and remain in appropriate areas.

Effort

— Always try your best.

Responsibility

— Come to class on time with completed assignments and prepared to learn.

RIDER Five in the Hall



Show your **RIDER Five**:

Respect

—

Move about the halls quietly and calmly with an awareness for others' personal space.

Integrity

—

Turn in lost items, maintain positive attitudes, and have appropriate conversations.

Discipline

—

Mind others' personal space by keeping your body to yourself.

Effort

—

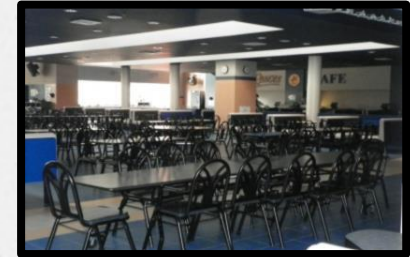
Move safely while on the right side of the hall and focus on where you need to be.

Responsibility

—

Keep the halls clean and tidy.

RIDER Five in the Cafeteria



Show your **RIDER Five**:

Respect

— Use good manners at the table, as well as in the lines, and thank the cafeteria staff.

Integrity

— Wait your turn patiently at the table and in line, eat your own food, welcome others, and be a positive influence to others.

Discipline

— Walk, stay seated, keep voices at an appropriate volume, raise your hand if you need to get up.

Effort

— Keep your area clean and tidy.

Responsibility

— Choose tablemates wisely.

RIDER Five in the Locker Room/Gym



Show your **RIDER Five**:

Respect

— Leave others' belongings alone.

Integrity

— Show good sportsmanship, a supportive attitude, and be a positive influence to others.

Discipline

— Follow rules and stay within designated areas, refrain from horseplay, and use appropriate language.

Effort

— Change into athletic clothing and participate in all activities with a positive attitude.

Responsibility

— Get changed and leave the locker in a timely manner while keeping items in the lockers.

RIDER Five at Athletic/Extracurricular Events



Show your **RIDER Five**:

Respect

— Cheer for athletes and participants.

Integrity

— Show good sportsmanship and be a positive influence to others.

Discipline

— Follow the rules as a player and a spectator.

Effort

— Give your all and always try your best.

Responsibility

— Support your friends and take an active part in practices, games, and events.

RIDER Five on the Bus



Show your **RIDER Five**:

Respect

— Maintain a quiet voice and use appropriate language, keep body parts and other objects to yourself and in the bus, and treat peers with kindness.

Integrity

— Greet and give thanks to the bus driver and be a positive influence to others.

Discipline

— Stay seated at all times.

Effort

— Get to the bus on time and find your seat quickly.

Responsibility

— Throw away trash.

RIDER Five in the Community and Online



Show your **RIDER Five**:

Respect

— Speak only kind words and know that you are role models for others.

Integrity

— Do the right thing, even when no one is watching, and be a positive influence to others.

Discipline

— Access appropriate sites and make good choices when you are in our community.

Effort

— Include others and help improve your community.

Responsibility

— Be a positive ambassador for Postlethwait Middle School.