



CRCWP Parent Info Session DPH Guidelines Updates

February 1, 2022



Admin Contact Info



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Updates on DPH Guidelines



How We Stay Current:

- Regular attendance at state-wide DOE/DPH meetings (twice weekly)
- Frequent discussions with DPH
- Regular meetings and discussions with other Special Schools in DE
- Website - DOE/DPH Guidance Documents
- CDC Guidance & Website



Isolation vs Quarantine



Isolation separates sick people with a contagious disease from people who are not sick. (For positive cases).

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. (People who have been exposed to a positive case).

What has not changed?

- **Incubation period** (when you are infected until when you might see symptoms). Remains 2-14 days. Average 5 days but may be shorter with Omicron
- **Infectious period** - Period of time you are infectious to others if you are positive - 48 hours before symptoms appear (or first positive test if asymptomatic) until 10 days after.

What has changed?

The **APPROACH** to management of the isolation & quarantine periods to allow people to return to school and work to support society's ability to function.

ISOLATE – For 5 days, regardless of vaccination status

- Report positive case to school nurse/COVID coordinator.
- Provide information for any close contacts from the school environment.
- **With Symptoms:**
 - 1) You can end isolation **5 days after** symptoms first appeared
 - **IF:** 24 hours with no fever without the use of fever-reducing medications
 - **IF:** Other symptoms of COVID-19 are improving (loss of taste/smell may last weeks and should not delay end of isolation)
 - **AND:** You must wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the home.
- **Without Symptoms:**
 - **Isolate for 5 days** since your positive COVID-19 test. You must wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the home.
- If you are unable to wear a mask, isolate for 10 days

QUARANTINE

IF YOU:

- Ages 5 and above -Vaccinated & up-to-date (boosted if eligible)
- *** updated - 1/31/2022
- You had a viral-test confirmed case of COVID-19 within the last 90 days.

THEN:

- **No quarantine** is required
- **Wear a well-fitting mask for 10 days** around others both at home, and when not at home
- Test on day 5 after your exposure if possible (not required if positive COVID—19 test in last 90 days)
- If symptoms develop, isolate at home immediately and get a test.

**Waived
Wear mask
for 10 days**

IF YOU:

- Are unvaccinated, or partially vaccinated
- You are 18 +, fully vaccinated but haven't gotten booster if eligible (five months after complete Pfizer/Moderna series, or two months after J&J vaccine).

THEN:

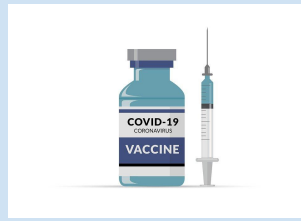
- Stay home (**quarantine**) for **5 days**.
- **Wear a well-fitting mask** around others at home and outside of home for **another 5 days**
- Test on day 5 after your exposure if possible
- If symptoms develop, isolate at home immediately and get a test.

**5+5
OR
TEST
TO
STAY
(TTS)**

TEST TO STAY - (TTS)



- Test each evening x 5 days. Day 1 is day of exposure.
- Testing Sun-Thurs. At designated Quidel sites
- If negative can attend school next day
- Must wear well fitting mask for full 10 days



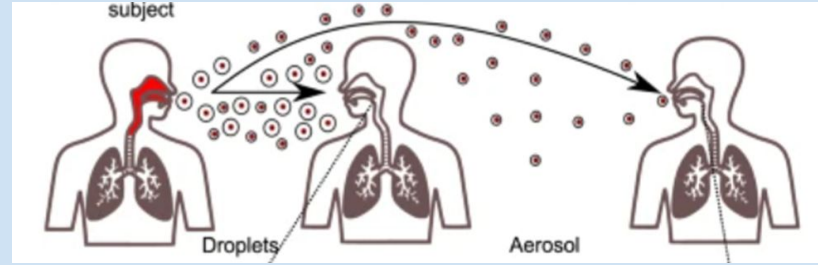
So what is key to the application of the new guidelines?

- Ability to **wear a well fitting mask correctly and consistently** (impacts both isolation and quarantine)
- **Vaccination status** (impacts quarantine)
- Hx of COVID 19 in past 90 days diagnosed with **OBSERVED TEST**

****HOME TESTING ALERT****



At this time individuals who tested positive via the use of unobserved home test kit in the past 90 days are not afforded the 90 day waiver should they be exposed to a positive case during the 90 days going forward.

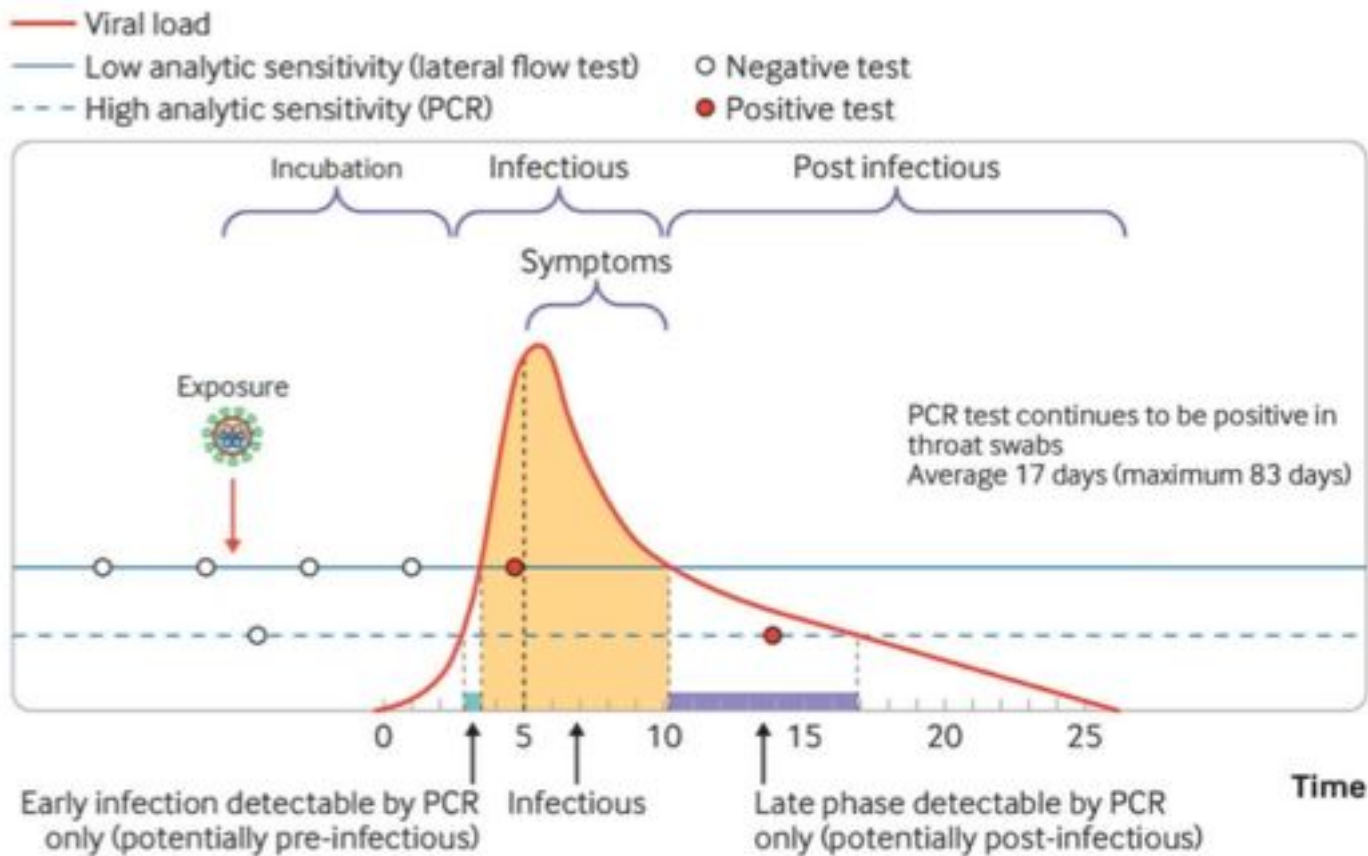


Contagious Period

FROM: 48 hours before symptom onset or 48 hours before first positive test if asymptomatic

TO: 10 days after symptom onset or 10 days after first positive test if asymptomatic. Transmissibility declines over time.

SARS-CoV-2 viral load



Transmissibility (CDC)

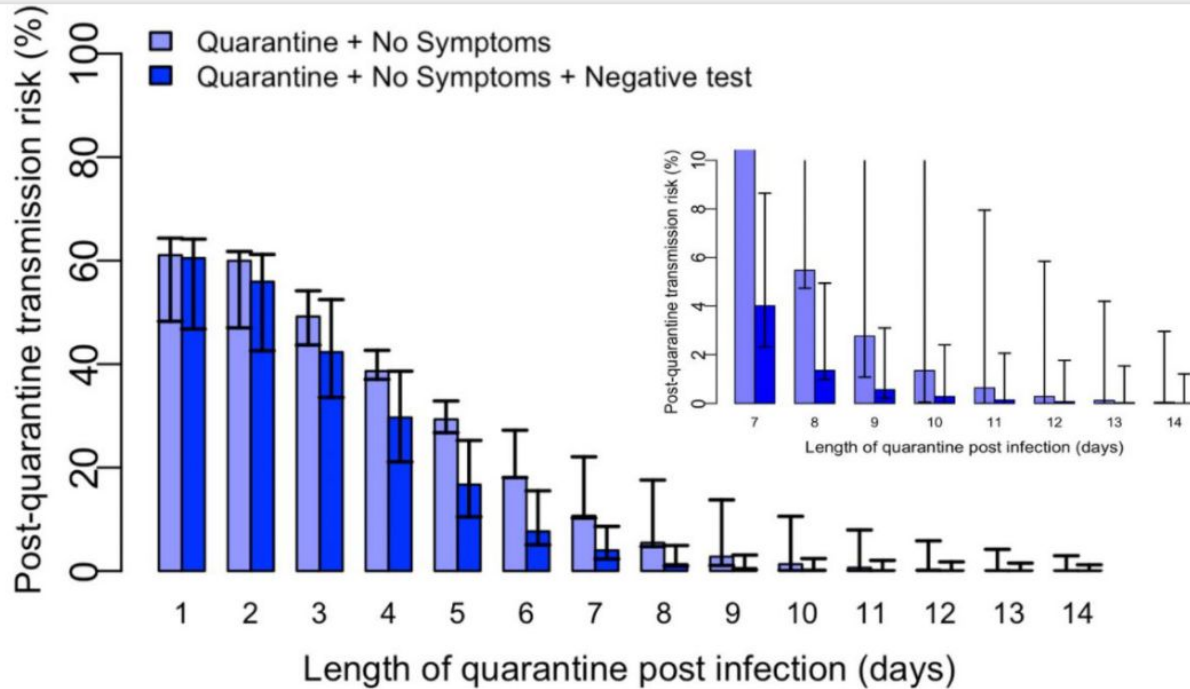


Figure. Modeled estimates of post-quarantine transmission risk quarantine duration. The light blue bars indicate the daily post-quarantine transmission risk if there is no clinical evidence of COVID-19 elicited during daily symptom monitoring. The dark blue bars indicate the post-quarantine transmission risk with the addition of a negative RT-PCR result from a specimen collected 24-48 hours prior.

**Wear a mask to protect
yourself and others.**



COVID-19 carrier

Healthy person



LOW RISK



MEDIUM RISK



MEDIUM RISK



HIGH RISK



A well fitting mask should:

- Cover your nose and mouth and be secured under your chin
- Fit snugly against the sides of your face





Choosing a Mask



Current recommendations are for KN95/KF94/N95





In Summary



Under current DPH guidelines, **with correct and consistent masking** a person is:

- Eligible for shortened isolation
- Eligible for shortened quarantine
- Eligible for Test-To-Stay
- Eligible for waived quarantine (if fully vaccinated and up-to-date)



Classroom Support w/Masks



Teachers/staff are expected to

- teach, model, prompt, and encourage appropriate mask-wearing
- notify families if their children do not wear masks appropriately
- provide info on classroom instruction to support mask-wearing
- Collect data on mask-wearing with support from our BAs
 - Teachers will share information with their families



Instruction and Attendance During Quarantines



Teachers/Staff may provide

- **Zoom during the day**
- **Asynchronous learning (Schoology courses, IReady, Achieve, work packets)**
- **Coaching by phone**
- **Attendance would be coded as “remote present”**



Instruction and Attendance During Quarantines

If quarantine is greater than 10 days>>>>

>>>Homebound Instruction

- Via Zoom after school hours
- With Homebound instructor
- Will need a Prior Written Notice
- Attendance would be coded as “homebound”



Team Approach during COVID



We will continue to

- **Teach, model, prompt, and encourage our students to wear masks correctly and consistently**
- **Practice social distancing and mitigation strategies**
- **Offer instructional opportunities during quarantines**
- **Follow DPH guidelines and also bring our questions and concerns to DPH**
- **Stay informed through statewide discussions/forums**
- **Advocate for our students**



Team Approach during COVID



We need your continued support to

- **Work on mask-wearing at home with your students**
 - **Please make sure to send your child into school with a mask on (also helpful to put a spare mask in your child's backpack).**
- **Review and practice social distancing and risk mitigation strategies at home and in the community**
- **Communicate with our school nurses, classroom staff, and admin**
- **Advocate for our students**
- **Contact DPH with any concerns or questions related to the state guidelines**



Thank You to Families and Staff



“

A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.

CHRISTOPHER REEVE

