



# FLYOGI™

*Live Yoga. Stay Fresh*

IN PARTNERSHIP WITH DPBHS  
BRINGS TO YOU: FREE ONLINE

# CHILDREN & FAMILY YOGA SESSIONS

From the comfort of your home, stretch,  
breathe, and learn how to live a healthier life.

**EVERY MONDAY & WEDNESDAY**

**2:00PM-2:40PM | MAY 11TH-JULY 1ST**

**PLEASE REGISTER AT [WWW.FLYOGI.CO](http://WWW.FLYOGI.CO)**

**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

