



Mind Full, or Mindful?

Join Our Family and Caregiver Engagement Sessions Mindful May 2020

Mondays and Wednesdays at 9 a.m.

- ZOOM Link: https://zoom.us/webinar/register/WN_0QYjLiMQcGRs7ScucPaBw

Mondays at 4 p.m.

- ZOOM Link:
https://zoom.us/webinar/register/WN_VgYDG_uwRje-PAZi6oIWSA

Wednesdays at 7 p.m.

- ZOOM Link: https://zoom.us/webinar/register/WN_u2Um8RM1THaJv1eOICQmfQ

Recorded Caregiver Resources to support:

Time In - <https://vimeo.com/405522000>

Sleep - <https://vimeo.com/405889885>

Physical Time - <https://vimeo.com/408456928>

Sponsored by:

