**Updated Isolation and Quarantine Guidance for the School Settings**

**Who needs to quarantine?**

**Who needs to Quarantine:** Students and staff who are household close contacts need to quarantine as per below. Students and staff exposed to a positive case in the school or other public settings do not need to quarantine from school but are advised to monitor closely for symptoms, consider wearing a mask in public and test and staff exposed to a positive case in the school or other public settings.

**Calculating number of Days:** If you have COVID-19 and have symptoms day 0 is your first day of symptoms. Day 1 is the first full day after your symptoms developed. For asymptomatic cases day 0 is the date of the positive test. For contacts day 0 is the day of the last exposure to the positive case.

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**TEST POSITIVE FOR COVID-19**

**ISOLATE – For 5 days, regardless of vaccination status**

- Report positive case to school nurse/COVID Coordinator and follow school guidance.
- If unable to wear a mask isolate at home for 10 days.
- **With Symptoms:**
  1. You can end isolation 5 days after symptoms first appeared
     - **IF:** 24 hours with no fever without the use of fever-reducing medications
     - **IF:** Other symptoms of COVID-19 are improving (loss of taste/smell may last weeks and should not delay end of isolation)
     - **AND:** Wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the home.
- **Without Symptoms:**
  - **Isolate for 5 days** since your positive COVID-19 test. Wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the home.

**IF YOU:**

- Are up to date* with vaccines.

**OR**

- You had a viral-test confirmed case of COVID-19 within the last 90 days and are asymptomatic.

*Up to date: means received all vaccines including 3rd doses for immunocompromised, plus boosters when eligible (5 months after 2nd dose of Pfizer/Moderna or 2 months after J&J)

**THEN:**

- No quarantine is necessary
- Wear a well-fitting mask for 10 days around others
- If unable to wear a mask, may return to school if participating in Test to Stay days 1 – 10
- Test on day 5 (or as soon as possible thereafter) after your exposure
- If symptoms develop, isolate at home immediately and get a test.

**IF YOU:**

- Are unvaccinated, or partially vaccinated

**OR**

- You are NOT up to date with vaccines (Includes not getting a booster when eligible)

**THEN:**

- Stay home (quarantine) for 5 days, and return on day 6:
  - after a negative test on day 5 (or as soon as possible thereafter), and wear a well-fitting mask for next 5 days, or
  - If unable to wear a mask, may return on day 6 if participating in Test to Stay days 6 – 10
- Or, remain in school if participating in Test to Stay, and wearing a mask for 10 days
- If symptoms develop, isolate at home immediately and get a test.

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**HOUISHEL CLOSE CONTACTS**

**IF YOU:**

- Are up to date* with vaccines.

**OR**

- You had a viral-test confirmed case of COVID-19 within the last 90 days and are asymptomatic.

*Up to date: means received all vaccines including 3rd doses for immunocompromised, plus boosters when eligible (5 months after 2nd dose of Pfizer/Moderna or 2 months after J&J)

**THEN:**

- No quarantine is necessary
- Wear a well-fitting mask for 10 days around others
- If unable to wear a mask, may return to school if participating in Test to Stay days 1 – 10
- Test on day 5 (or as soon as possible thereafter) after your exposure
- If symptoms develop, isolate at home immediately and get a test.

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**updated March 1, 2022**

**Design based on document issued by Haines Borough, Alaska:** [https://www.hainesalaska.gov/covid19](https://www.hainesalaska.gov/covid19)