



# **Caesar Rodney Community Resources**

# Table of Contents

<b><u>Child &amp; Youth Programs</u></b>	Page 4
Boys and Girls Clubs	
<b><u>Counseling &amp; Other Mental Health Agencies</u></b>	Page 4
AFW Counseling Services	
Alpha Behavioral Health	
A Balanced Reality	
A Center for Human Development	
A Center for Mental Wellness	
Catholic Charities	
Child Priority Response	
Children and Families First	
Daybreak Counseling	
Delaware Guidance Services	
Delmarva Rural Ministries	
Dover Behavioral Health Systems	
Employee Assistance Program + Work/Life Health Advocate	
Julie Lewicki, LCSW	
Meadow Wood Behavioral Health System	
Mental Edge Counseling	
Mind & Body Consortium	
Mobile Crisis Intervention Service	
People's Place, Inc.	
Dr. Craig Porterfield	
Rockford Center	
Terry Children's Psychiatric Center	
<b><u>Grief Resources</u></b>	Page 8
Supporting Kidds	
Survivors of Suicide	
<b><u>Domestic Violence Resources</u></b>	Page 8
Child Inc. Domestic Violence Advocacy Program (DVAP)	
National Teen Dating Abuse Helpline	
People's Place, Inc. – S.A.F.E. and Turning Point	
<b><u>Food Resources</u></b>	Page 9
Angel Food Ministries	
Calvary Assembly of God Food Pantry	
Catholic Charities	
Good Will Industries Food Closet	
Kent County Community Action Agency Incorporated	
Southside Baptist Church	
<b><u>Housing</u></b>	Page 11

Delaware Housing Authority  
over Housing Authority  
People's Place, Inc. (New Start and Independent Living)

**Parenting Programs**

Page 11

Community Social Workers Group  
CHILD Inc.  
Delaware Parents Association, Inc.  
A Center for Mental Wellness, Inc.  
The Mind & Body Consortium  
Delaware Technical Community College

**Shelters**

Page 12

Aid in Dover/801  
Dover Interfaith Mission for Housing  
House of Pride, Inc.  
K.I.S.H. Home Transitional Living  
The Shepherd Place  
Whatcoat's Dorsey Shelter

**State Agencies**

Page 14

DHSS Family Planning  
DHSS Immunizations  
DHSS Public Health Clinics  
DHSS WIC  
Delaware Helpline  
Division of Family Services  
Division of Prevention and Behavioral Health Services

**Utility Assistance**

Page 16

Catholic Charities Delaware Energy Assistance Program  
Delmarva Rural Ministries, Inc.  
First State Community Action  
Milford State Service Center

**Victim's Services**

Page 17

Children's Advocacy Center of Delaware, Inc. (CAC)  
Contact Lifeline  
Delaware State Police Victim's Services  
Department of Correction Victim's Services  
Probation and Parole Victim Services Agents  
Department of Justice  
Dover Police Department  
United States Attorney's Office  
Victims' Rights Task Force  
Victim Services Supplemental Fund(VSSF)

## *Child & Youth Programs*

### **Greater Dover Boys & Girls Club**

1685 New Burton Road  
Camden-Wyoming, DE 19934  
(302) 678-5182

The Boys and Girls Club offers before and after school care, teen programs, and after school drop in for teens.

## *Counseling and Other Mental Health Agencies*

### **AFW Counseling Services**

925 Kitts Hummock Road  
Dover, DE 19901  
(302) 734-0991

They offer stress & pain therapy, marriage, individual and family counseling. They specialize in eating disorders, anxiety & depression, ADHD and addiction.

### **Alpha Behavioral Health**

1006 W. State College Road  
Dover, DE 19904  
(302) 736-6135

They offer psychiatric evaluation and treatment, individual psychotherapy, comprehensive family programs, couples therapy, parenting classes, marriage and divorce counseling, sexual dysfunction treatment, psychological testing and evaluation, adolescent and child treatment, substance abuse.

### **A Balanced Reality**

1550 S. Governor's Ave  
Dover, DE 19901  
(302) 678-4558

They provide addiction counseling, community counseling services, divorce counseling, individual counseling and couples counseling.

### **A Center for Human Development**

148 South Bradford Street, Ste. 207  
Dover, DE 19904  
(302) 736-1820  
<http://acenterforhumandevelopment.com>

They provide evaluation, individual, family, marital therapy and medication management to clients of all ages. They also offer Christian counseling.

**A Center for Mental Wellness**

121 W. Loockerman St  
Dover, DE 19904  
(302) 674-1397  
<http://acfmw.com/>

They are a small counseling practice focusing on child and family relationships and mental health related issues. The types of services they provide are individual counseling for all ages, play therapy, group and family counseling, and medication management. They have access to a nurse practitioner.

**Catholic Charities**

2099 S. DuPont Hwy., #A  
Dover, DE 19901  
(302) 674-1600  
<http://www.cdow.org/counseling.html>

They offer outpatient mental health services and substance abuse treatment. They also have access to a psychiatrist.

**Child Priority Response**

103 Mont Blanc Blvd  
Dover, DE 19904  
(800) 969-4357  
[http://delawareguidance.org/programs\\_act.htm](http://delawareguidance.org/programs_act.htm)

They provide emergency mental health for children less than 18 years of age. Crisis beds are available for voluntary hospital diversion for up to 72 hours. Ongoing support services are available for counseling.

**Children & Families First**

91 Wolf Creek Blvd, Ste. 1  
Dover, DE 19901  
(302) 674-8384  
<http://cffde.org/>

They offer Functional Family Therapy for families encountering difficult issues with teenage children. They also offer Strengthening Families which is parent education. They also offer child care referrals.

**Delaware Guidance Services**

103 Mont Blanc Blvd  
Dover, DE 19904  
302-678-3020  
<http://delawareguidance.org/>

They offer outpatient clinical services, school based services, crisis services, and Intensive Outpatient Services. They also have access to a psychiatrist.

**Dover Behavioral Health Systems**

725 Horsepond Road  
Dover, DE 19901  
(302) 741-0140  
<http://doverbehavioral.com/>

Dover Behavioral is an inpatient hospital for adults and adolescents. They have a partial hospital program and also offer dual diagnosis treatment. They also offer inpatient and outpatient chemical dependency and a program for those that serve in the military.

**Employee Assistance Program + Work/Life Health Advocate**

The **EAP+Work/Life Program** is available exclusively for State of Delaware Group Health Plan non-Medicare members and their dependents, and provides access to a wide range of EAP+Work/Life support services from HealthAdvocate, including professional counseling services, legal services, an interactive website and much more. HealthAdvocate is available 24/7 to meet all of your needs. Members are strongly encouraged to reach out to HealthAdvocate for guidance as they attempt to balance the demands of home and work/life issues.

**Julie Lewicki, LCSW**

1991 South State Street  
Dover, DE 19901  
(302) 531-0763

She specializes in play therapy.

**MeadowWood Behavioral Health Hospital**

575 S. DuPont Hwy.  
New Castle, Delaware 19720  
1-877-361-5739  
[www.meadowwoddhospital.com](http://www.meadowwoddhospital.com)

MeadowWood is an inpatient and partial hospitalization hospital for adults, adolescents, and seniors.

**Mental Edge Counseling**

1058 S. Governors Avenue, Suite 102  
Dover, DE 19904  
302-382-8698  
[www.mentaledgocounseling.com](http://www.mentaledgocounseling.com)

Mental Edge Counseling offers individual therapy, family therapy, child and adolescent therapy, school based treatments, and telemedicine.

**Mind & Body Consortium**

156 S. State Street  
Dover, DE 19901  
302-674-2380

993 N. DuPont Highway  
Milford, DE 19963  
(302) 424-7772

They offer outpatient mental health services, including marital, family, individual, and substance abuse treatment. They also offer medication management.

**Mobile Crisis Intervention Service**

Kent & Sussex: 800-345-6785

Mobile Crisis Intervention Service is the emergency mental health program of the Community Mental Health Center, under the Division of Alcohol, Drug Abuse, and Mental Health. Mobile Crisis Intervention Service (MCIS) staff is available 24 hours a day to help people with severe personal, family or marital problems. These problems may include depression, major life changes such as unemployment or loss of an important relationship, anxiety, feelings of hopelessness, thoughts of suicide, delusions, paranoia and substance abuse.

**People's Place, Inc.**

1131 Airport Road  
Milford, DE 19963  
(302) 422-8026

165 Commerce Way  
Dover, DE 19904

The Counseling Center (located in Dover, Milford, Millsboro, Seaford and Smyrna) provides evaluation, individual, family, marital therapy and medication management to clients of all ages. Therapists' specialties include working with clients suffering from depression, anxiety, eating disorders, post-traumatic stress disorder and behavior problems.

**Rockford Center**

100 Rockford Drive  
Newark, DE 19713  
(302) 996-5480  
[www.rockfordcenter.com](http://www.rockfordcenter.com)

Rockford Center is an inpatient mental health hospital for children(4-17) and adults. They offer adult intensive outpatient substance abuse treatment and partial hospitalization.

**Terry Children's Psychiatric Center**

10 Central Avenue  
New Castle, DE 19720  
(302)577-4270

The Terry Center is an inpatient mental health hospital for children 13 and under.

## *Grief Resources*

### **Supporting Kidd's**

1213 Old Lancaster Pike  
Hockessin, DE 19707  
(302) 235-5544

[www.supportingkidds.org](http://www.supportingkidds.org)

Description of Services: Mission is to provide a compassionate pathway to healing for grieving children and their families, and to empower the community to support them in the grieving process. Programs, support groups, consultations, information and referrals are available from a qualified staff.

### **Survivors of Suicide**

Mental Health Association  
100 w. 10<sup>th</sup> Street Street  
Wilmington, DE 19801  
(302) 654-6833

Grace United Methodist  
Church & Morris Sts.  
Millsboro, DE 19966  
800-287-6423

A mutual help group providing support and understanding for those who have lost relatives and friends through suicide. The goal of the group is to bring together survivors of suicide deaths so that they may help each other develop a health understanding of their loss. Monthly meetings.

## *Domestic Violence Resources*

### **Child Inc. Domestic Violence Advocacy Programs (DVAP)**

302-672-1075

The DVAP provides court based advocacy services to domestic violence victims in each county. The DVAP ensures that victims and survivors of domestic abuse have knowledge of and access to community resources and advocacy services to assist in the civil and criminal court paperwork. Trained volunteers and staff assist domestic violence victims with: assistance with filing Protection from Abuse Orders (PFA), crisis intervention, safety planning, court accompaniment, provide referrals to community based services and offering support through the PFA process.



**National Teen Dating Abuse Helpline**

(866)331-9474

www.loveisrespect.org

They offer information, referrals, on-line chats with advocates, and a peer crisis line.

**People's Place, Inc.**

1129 Airport Road

Milford, DE 19963

(302) 422-8033

**24-hour domestic violence hotline:**

**Kent & Sussex- 422-8058**

**Northern Kent County- 678-3886**

S.A.F.E. (Shelter, Advocacy, Freedom & Empowerment) Kent & Sussex-422-8058 Northern Kent County 678-3886 24-hour domestic violence hotline.

Provides emergency shelter for victims of domestic violence and their children in Kent and Sussex Counties. Support advocacy and case management is offered to residents and anyone in the community seeking assistance with domestic violence issues.

## *Food Resources*

**Calvary Assembly of God Food Pantry**

1141 East Lebanon Road

Dover DE 19901

(302) 697-7776

Fridays are for referrals from The James Williams State Service Center only. Food Closet is by appointment only.

**Catholic Charities**

2099 S. DuPont Highway, #A

Dover, DE 19901

(302) 674-1600

Food Assistance ext. 8

<http://www.cdow.org>

They offer a monthly program where you pay \$5 and get \$40 worth of food. An application has to be completed and mailed back in. It can be picked up at the front desk. Food pick up is the last Tuesday of the month.

**Good Will Industries Food Closet**

1678 South Governors Avenue  
Dover DE 19904  
(302) 741-0456

Food closet providing confidential emergency food services 3-4 days of food. Must call for an appointment in order to receive food. One photo I.D. is required of head of household.

**Kent County Community Action Agency Incorporated**

120-A South Governors Avenue  
Dover DE 19904  
(302) 678-1949

Community Center provides a food closet. Please bring boxes or bags.

**Williams State Service Center**

805 River Road  
Dover, DE 19901  
(302) 857-5000

Emergency food available through referrals to local churches, Monday-Friday, 10:30 am – 12:30 pm.

**Milford Church of God**

500 N. Walnut Street  
Milford, DE 19963  
(302) 422-9138

This church has a food bank every 1<sup>st</sup> Thursday of the month, 9:30-11:30 AM and 12:30-2:30 PM. Please bring a photo ID.

**Southside Baptist Church**

4904 South DuPont Highway  
Dover DE 19901  
(302) 697-2411

This church operates a food closet for those in need of emergency food. Clients must call for an appointment.

## *Housing*

### **Delaware Housing Authority**

18 The Green  
Dover, Delaware 19901  
(302) 739-4263  
(302) 739-7428

Management of Public Housing sites and DSHA owned apartment complexes,  
Section 8 Vouchers and resident services.

### **Dover Housing Authority**

76 Stevenson Drive  
Dover, DE 19901  
678-1965

Dover Housing Authority is a public housing agency in Dover, Delaware that  
participates in the Section 8 Housing Choice Voucher, and Public Housing  
programs

## *Parenting Education Programs*

### **Community Social Workers Group**

1121 Garfield Drive  
Dover, DE 19901  
302-382-8820  
Contact: Clementine Knighton

### **CHILD Inc.**

Murphy School  
42 Kings Highway  
Dover, DE 19904  
1-800-874-2070  
Contact: Laurie Sammons

### **Delaware Parents Association, Inc.**

101 West Loockerman Street  
Dover, DE 19904  
302-678-9288  
Contact: Tammy Wilson

**A Center for Mental Wellness**

1151 Walker Road  
Dover, DE 19904  
302-674-1397  
Contact: Lashandra Grimes

**The Mind & Body Consortium**

156 S. State Street  
Dover, DE 19901  
302-674-2380

**Delaware Technical and Community College**

100 Campus Drive  
Dover, DE 19904  
302-857-1400

## *Shelters*

**Dover Interfaith Mission for Housing**

684 Forest Street  
Dover DE 19901  
(302)736-3600

The mens shelter with 28 beds is located in local churches on a rotating basis. Generally a stay will last 4 to 6 weeks at one church and then rotate to the next. Volunteers come in on a daily basis to serve breakfast and dinner. Renovations are currently in process for a permanent site that should be completed by May 2010. In addition, transitional housing will be provided for those seeking employment and stability with an affordable place to live while moving forward with their lives.

**House of Pride, Inc.**

105 S. New Street  
Dover, DE 19901  
(302) 677-0116

Adult males recovering from drug or alcohol addiction and low-income, at-risk youth. Must have a desire to change behavior patterns and adhere to the rules of the shelter

**K.I.S.H. Home Transitional Living**

302-399-6477  
[www.kishhomeinc.org](http://www.kishhomeinc.org)

K.I.S.H. Home Transitional Living Program provides a 24-hour supervised residential home for young women ages 18-21 who have aged out of the foster care system in Delaware.

**The Shepherd Place**

1362 South Governors Avenue  
Dover DE 19904  
(302) 678-1909

A 30 bed emergency shelter serving homeless families and single women aged 18 and over(no unaccompanied minors). All meals are provided and case management in the area of employment, government benefits, finances and housing is provided for the duration of the stay. Counseling and other related services are available on a referral basis. Note: Photo ID required for all adults; Shelter will accept food referrals from state agencies and other agency case managers.

**Whatcoat Dorsey Shelter**

381 College Road  
Dover, DE 19904  
(302) 734-0319

A shelter for families and single individuals. Clients may stay 2-3 weeks but not exceed 30 days. In house counseling staff assists with finding jobs and/or permanent shelter. Some rental assistance, security deposit and utility assistance is provided for community based clients when funds are available.

# State Agencies

## Delaware Health and Social Services

### ***Immunizations***

Williams State Service Center  
805 River Road  
Dover, DE 19901  
(302) 739-4726

They offer child health services, immunizations, lead screening, and well child physicals.

### ***Public Health Clinics***

Williams State Service Center  
805 River Road  
Dover, DE 19901  
(302) 739-1689

They offer child health screenings and immunizations, dental clinic, eye examinations, health education, nutrition, and treatment, and tuberculosis screening.

### ***Women's, Infants, and Children (WIC)***

Williams State Service Center  
805 River Road  
Dover, DE 19901  
(302)739-5380

They offer nutrition education and supplemental food vouchers.

### **Delaware Helpline**

(800) 464-4357  
[www.delawarehelpline.org](http://www.delawarehelpline.org)

They offer information and referrals for child support, counseling, emergency housing, family issues, food, legal services, transportation, and utilities assistance.

## **Department of Services for Children, Youth, and Their Families**

### ***Division of Family Services Abuse and Report Line***

Kent County Office  
821 Silver Lake Blvd., Ste. 200  
Dover, DE 19904  
1-800-292-9582 or (302)739-4800

Promotes child well being by protecting children and strengthening communities. Responsible for investigating reports of child abuse, neglect and dependency, with goal to provide and coordinate services to help prevent further abuse or neglect. 24 hour statewide toll-free child abuse/neglect report line assists in early detection and prevention of child abuse. Offers rehabilitative services to families including counseling, parent aides, shelter and temporary foster and group care for the safety of children. Provides on going services to promote family preservation, family reunification or when necessary, ongoing services for a stable alternative living arrangement.

***Division of Prevention and Behavioral Health Services***

821 Silver Lake Blvd, Ste. 102

Dover, DE 19904

(302)739-4194

They offer behavioral health aides, crisis intervention, day treatment, group homes, outpatient counseling, psychiatric hospitalization, residential treatment.

## *Utility Assistance*

### **Catholic Charities Delaware Energy Assistance Program**

2099 S. DuPont Hwy., #A  
Dover, DE 19901  
(302) 674-1600

The energy assistance program provides supplemental home heating assistance during winter months (Dec-Mar) for low-income families and individuals. Program is federally funded; applications are processed beginning in October.

### **First State Community Action, Administration**

308 North Railroad Avenue  
Georgetown DE 19947  
(302) 856-7761

A community and statewide agency with services related to housing, financial assistance, senior services, child care, employment and training, weatherization, and community development. Also is the Federally designated agency in Delaware to receive and allocate Community Services Block Grant (CSBG) funds.

### **Williams State Service Center**

805 River Road  
Dover, DE 19901  
(302) 739-4728

A state agency that offers emergency utilities assistance.



# *Victim's Services*

## **Children's Advocacy Center of Delaware, Inc.**

1600 Rockland Road  
Wilmington, DE  
(302) 651-4566

611 S. DuPont Hwy.  
Dover, DE 19901  
(302)741-2123

410 S. Bedford St.  
Georgetown, DE 19947  
(302)854-0323

Conduct forensic interviews and perform medical exams on child abuse victims. Minimize trauma to victims and families by utilizing a multidisciplinary approach with law enforcement, department of justice and family services.

## **Contact Lifeline**

### ***Kent & Sussex Office***

P.O. Box 61  
Milford, De 19963  
Office: (302) 422-2078  
Hotline: 800-262-9800

### **CONTACT Crisis Helpline Services**

Provides immediate statewide toll-free 24-hour access to telephone counseling, crisis intervention, suicide prevention, information and referral services for anyone in need.

### **Rape Crisis CONTACT Services**

Provides comprehensive statewide services to victims of sexual assault. Services include statewide toll-free 24-hour telephone counseling, accompaniment services at hospital emergency rooms, police and courts; short-term individual counseling support for victims and families, victims support groups, public education on sexual assault and rape prevention.

### **SSAAV Program**

The Support for Sexual Assault Adolescent Victims Program provides individual and group counseling for adolescent victims of sexual assault in the schools and youth –serving agencies. Counseling services for sexual assault victims of all ages are statewide. Services may be accessed via the Wilmington or Milford offices.

## **DELAWARE STATE POLICE VICTIM SERVICES**

### **Troop 3**

3036 Upper King Road  
Dover, DE  
(302) 697-4454 ext.206

### **Milford State Service Center**

13 S W Front Street, Suite 105  
Milford, DE 19963  
(302) 422-1562

Provide services to victims and witnesses of crime, and survivors/family members of sudden death. There are many paths a victim, witness, or survivor might follow. The services offered will minimize the trauma that they have suffered. Services offered but not limited to, crisis intervention, information, referrals, court accompaniment, Violent Crimes Compensation Board assistance, liaison with police departments, etc.

### **Department of Correction**

Office of Victim Services  
245 McKee Road  
Dover, DE 19904  
739-5601

The goal of the department is to recognize that victimization is not a one time occurrence. Often victims find themselves feeling re-victimized during contact with the criminal justice system. The Department of Correction has augmented its services to provide greater assistance and attention to victim participants in the corrections process. Please contact the Victim Services Liaison to find out additional information about services offered.

### **Probation & Parole Victim Services Agents**

511 Maple Parkway  
Dover, DE 19901  
302-674-7193

Supports and assists victims of domestic violence and sexual assault of probationers and parolees on active supervision. Works as a liaison with the Probation/Parole Officers and other community agencies as appropriate. Educates victims of criminal justice system (bail, probation conditions, and court hearings/procedures). Provides court accompaniment, assistance with filings of PFA's and referrals as appropriate to local community agencies. Assist and trains probations and parole officers in effectively dealing with victims. The work performed by the Victim Services Agents is funded under the Violence Against Women Act -S.T.O.P. Formula grants administered by the federal government.

## **Department of Justice**

102 W. Water Street  
Dover, DE 19904  
(302) 739-4211

### **Victim-Witness Assistance Program**

Social workers and victim service specialists provide information and support to victims of crime during prosecution. All victims and witnesses receive information about status of the case, available resources, crisis counseling and restitution, and assistance with filing for Violent Crimes Compensation. Social workers provide supportive services and court accompaniment.

### **Senior Victim Advocate Program (statewide)**

(302) 739-4211, ext. 261

Peer Volunteers assist victims in all stages of the court process including; case status updates, home visits, referrals to supportive services, court accompaniment, assistance with restitution papers, and possible court transportation. Senior Victim Advocates are also available for all courts.

## **Dover Police Department**

Victim Services Unit  
400 S. Queen Street  
Dover, Delaware 19904  
(302) 736-7134

The Dover Police Department's Victim Services Unit is committed to the fair, compassionate and dignified treatment of all crime victims. The Unit provides a supportive environment in which victims and their families are provided information and can explore options available to them during this difficult time. Services provided include: crisis intervention, referrals to community based services, court case information, court accompaniment, transportation to court related cases or safe shelter, assistance with filing court related paperwork and Violent Crimes Compensation Board claims, personal and telephone follow up and other services needed to help reduce the trauma related to the crime.

## **United States Attorney's Office**

Victim/Witness Program  
1007 Orange Street, Suite 700  
P.O. Box 2046  
Wilmington, DE 19899-2046  
(302) 573-6277, ext. 132

The Victim/Witness Program assists victims and witnesses involved in the federal criminal justice system. Services include notification of case status and case events, education regarding the criminal justice system, referrals to appropriate state and private agencies, supportive counseling, court orientation, accompaniment to judicial proceedings, and advocacy services during the prosecute process.

### **Victims' Rights Task Force**

C/o Dover Police Department  
400 S. Queen Street  
Dover, DE 19904  
(302) 736-7134

To help improve awareness of victims' rights and services and to assure equitable treatment by the criminal justice system for victims of crime. Review, draft and comment on legislation concerning victims of crime and their rights as part of the criminal justice system; create an advocacy network among providers in the victim service field; act as a clearinghouse for local and national information on victims rights and services by coordinating local efforts with NOVA and the National Victim Center; develop and promote expanded, innovative programs and services for victims; sponsor and promote public awareness activities in the area of victims rights and services. The Task Force sponsors the Annual Victims Tribute held each year in the spring.

### **Victim Services Supplemental Fund (VSSF)**

Managing Agency  
Delaware State Police  
Victim Services Unit  
P.O.Box 430  
Dover, Delaware 19903  
302-739-3711

The VSSF fund was established to help victims of crime in Delaware when local resources and funding programs or private insurance are unavailable. The Fund shall serve to supplement existing services when no other means of financial assistance is immediately available. Police must prepare applications or prosecution based victim advocates or staff of the Violent Crimes Compensation Board. In addition, applications must comply with VOCA regulations and the VEAF guidelines.

## *Child & Youth Programs*

Greater Dover Boys & Girls Club  
1685 New Burton Road  
Camden-Wyoming, DE 19934  
(302) 678-5182

The Boys and Girls Club offers before and after school care, teen programs, and after school drop in for teens.

***\*There may be updates to this manual. For additional community information, please contact 211.***